

Nutrition Education Displays

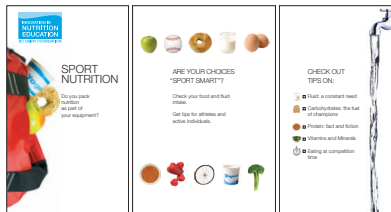
The following displays are available, free of charge, for teachers, administrators, health professionals and for special events promoting healthy eating and lifestyles in British Columbia.

Displays currently available for borrowing include:

Healthy Eating at School

Profiles the online one-stop shop where school communities can find all the resources they need to implement nutrition policy and promote healthy eating at school.

Sport Nutrition



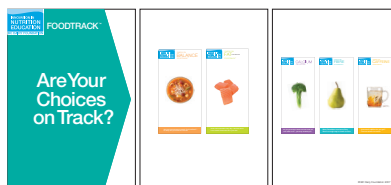
Features a set of sport nutrition fact sheets.

Food Fingers & Fun



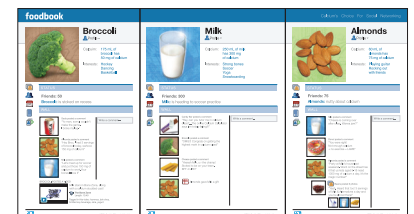
Features healthy eating ideas for preschool and young school age children.

FoodTrack™



Features a series of interactive brochures for individuals to assess what they eat and plan changes to check their diets for balance, fat, fibre, caffeine and calcium.

“Foodbook” – Food Choices and Bone Health



Profiles calcium rich foods and the amount of calcium youth need.

Displays come with 50 complimentary copies of corresponding nutrition education materials.

(Note: In the case of the FoodTrack display, we provide 50 copies of the brochure of your choice.) Additional copies may be ordered. Displays must be returned at your own expense.



For more information or to book a display visit www.bcdairyfoundation.ca or contact us : nutrition@bcdcf.ca 1-800-242-6455